

Table of Blows Per Minute to Ram Stroke

2012

Blows Per Minute BPM	Stroke ft	Stroke m
35	11.8	3.61
36	11.2	3.41
37	10.6	3.23
38	10.0	3.06
39	9.5	2.90
40	9.1	2.76
41	8.6	2.63
42	8.2	2.50
43	7.8	2.39
44	7.5	2.28
45	7.2	2.18
46	6.8	2.09
47	6.6	2.00
48	6.3	1.92
49	6.0	1.84
50	5.8	1.77
51	5.6	1.70
52	5.4	1.63
53	5.2	1.57
54	5.0	1.51
55	4.8	1.46
56	4.6	1.41
57	4.5	1.36
58	4.3	1.31
59	4.2	1.27
60	4.0	1.23

Note: The formula for calculating stroke from BPM is defined as the following:

$$H = \frac{14490}{BPM^2}$$

Where: H = Stroke in feet,

BPM = Blows per Minute

